

Welcome to our newest graduates!

We have a new crop of graduates eager to begin volunteering!

On December 29, 2008, we held a graduation ceremony to honor this most recent group of women who have completed the Basic Peer Counselor Training course.

The celebration was held at Panera's in order to accommodate the size of the group and their guests. Around 30 people attended! After the presentations everyone had a chance to enjoy some cake, coffee and fellowship.

Please join us in welcoming these women and the gifts they bring to this ministry!

Sign up for spring session is open

The next Basic Peer Counseling Training will start later this spring. If you are interested in taking this 12 week course, please contact the center to be placed on the list. We will post more information on our web site once the dates have been set.



Our latest graduates are pictured above. Congratulations to (back row) Amy, Cathy, Tina, Rhonda, Liz, (front row) Tammy, JoAnn, Connie, and Theresa!

We're setting goals for 2009

The holidays (Holy Days) of 2008 are behind us and a new year has arrived. At the JC CWM we are looking forward with excitement as we make plans and set goals for 2009!

New classes are in the works. Boundaries will return and we will have a new offering for teenage girls called Safe People, We are also working on forming new support groups and we have several new counselors ready to start working with clients.

And of course, even though we operate on a shoestring budget, fundraising events are always needed.

As we set our goals for the year, we would like to hear from you. What would you like to see in 2009? You can help us by sharing your ideas either through calling the center (573-659-8278) or by visiting our web site (jccwm.net). Your feedback is important to us!

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Bunco night is coming on Feb 27!

Bunco night is a popular FUNdraiser for JC CWM. It's a night of fun, food, and prizes. Bring a friend, a team (4), or come on your own! You'll laugh, you'll play, you'll have a treat, and you'll be supporting other women through the center's ministry.

Come to Bunco Night!

—February 27 at 7:00 p.m.

F.O.P. Lodge, 508 Babe Ruth Drive

(across from the bell fields on Business 50 at Apache Flats, behind Bee Line Snack)

Join us for **PRIZES!**
FOOD! **CASH!**

Tickets are only \$10
Call 659-8278 to purchase and
reserve your spot today!



We will also raffle
off this PartyLite
antique brass cross
votive sconce

\$1 per chance or 6 chances for \$5



Proceeds will support the
JC Center for Women's Ministry
Visit jccwm.net for more information

*For he will
deliver the
needy who cry
out, the
afflicted who
have no one to
help.
- Psalm 72:12*

A look back at 2008 activities

At the end of each year we prepare a report for the International Center for Women's Ministries detailing our activities for the year. We would also like to share this information with you.

Counseling: We had 19 new clients in 2008. Counseling is a core function of the JC CWM. However, because of the need to protect the confidentiality of our clients, we are not able to share a lot of information on our counseling efforts.

Support groups: Three support groups were started in 2008, in conjunction with group studies on adult survivors of childhood sexual abuse, creating boundaries, and

living on a shoestring.

Training: We held two sessions each of Basic Peer Counselor Training. The spring session had 7 graduates and the fall session had 10 graduates. Each course has 12 sessions that last 3 hours each. We also held two Receptionist Training classes. The receptionist training is a single session that lasts around two hours and concentrates on proper office procedure and confidentiality. In addition, we held a two-day training for the board.

Presentations: We went out to several churches and ladies groups during the year including St. Peters, St. George's (in Linn), First Assembly of

God, and Woodcrest church. We also presented the center to Positive Connection, a Christian group, and to the Capital City Christian Women's organization.

Fundraisers: We held Bunco party fundraisers in January, June, and October. The parties last about 2 hours and generally bring in \$300. While they are a lot of work in terms of prep time (food and cleanup), they are fun and we get several repeat attendees.

We also held a rummage sale in April that brought in several hundred dollars. And we continue to sell cinnamon rolls through the Marketplace.

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A look back at 2008 activities (cont.)

Prayer: We held intermittent prayer meetings in 2008. In addition, the board members shared prayer and prayer requests through email.

After our presentation to the Positive Connection group, they agreed to act as a prayer covering for us and we are included as part of their prayer requests at their bi-monthly meetings.

We are hopeful to have a prayer coordinator on board for 2009

to help us in this vital area. Your prayers are also asked for and very much appreciated.

Bible studies: Weekly Bible studies are held at 12:30 p.m. each Monday at Hamilton Tower. This is an open Bible study, available to anyone who would like to attend.

Board member highlight—Diane Keevil

Every successful group needs an “on-point” person. Someone who can see the big picture and still keep focus on the details. Diane is that person for the JC CWM. When we get together and the ideas are flying in a dozen directions, Diane gets us back on target. She makes sure we’ve identified what steps need to be taken next in order to bring our plans to fruition.

Diane first became involved with the center as a client and



then went on to take the Peer Counselor training. She became a member of the advisory board in late 2006.

Diane’s dreams for the center include providing more support groups, classes and increasing our outreach to area churches. She would like to see the center open several days and evenings each week so that women could drop by to learn more about us or to seek assistance.

Contact the center if you would like us to make a presentation about the JC CWM to your church or women’s organization.

Current needs

- Prayer group leader
- Padded folding or stackable chairs
- Working computers
- TV and DVD player for study groups
- Folding tv tray/snack tables for use as portable desks
- Books on codependency
- Gallon size freezer bags (for cinnamon rolls)

JC Center for Women's Ministry

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January

What we offer

One-on-one caring partners

- Hurting women are paired with other women who have walked through similar circumstances.

Support groups

- Opportunities for women with similar needs to meet in a small group setting.

Seminars and conferences

- Various topics of interest to women.

Library

- Books, tapes and videos are available for check-out to aid the healing process.

The JC CWM is a non-profit, non-denominational ministry for women of all ages and economic status, promoting emotional and spiritual healing.

Our purpose is to create an environment where non-judgmental listening, sharing, encouragement, and prayer support can take place.

If you have a need, call on us.

If you know someone who has a need, refer them to us.

If you have a heart for service, let us know.

Phone: 573-659-8278

Email: jcmocwm@yahoo.com

Website: www.jccwm.net

Join the \$10 club!

Become a sustaining friend of the JC CWM by committing to a monthly gift of \$10.